of God within the Chalice of your heart, long for the day when you make the great surrender of self to that Presence. It will come more quickly than you think! Until that day, remember, I LOVE YOU for, *you are* "The Light of the World". As that Presence expands through you; as the light passes through your body, mind and feelings and as you come into the realization of the natural rhythm of your own Immortal Flame of Life, I shall soon return to My Star, Venus. Yet I shall visit you often in the future, in the fuller freedom that comes from intercourse among those planets whose vibratory action is ONE —DIVINE LOVE. Thank you and good morning!

Excerpts from Instruction by
BELOVED EL MORYA

". . . The institution of a Cosmic Cycle is not the work of a moment! The lowering of the great Divine Pattern and Plan (which becomes the ritual of the New Day) requires the patience, the collaboration, the tolerance and the sustained enthusiasm of every chela who has been chosen as a stanchion in the foundation, upholding the spiritual edifice. In such edifice, the masses will find peace, enlightenment, stimulus to personal endeavor and finally, freedom and victory in their individual journey through the world of form.

We have chosen carefully each pillar of the "New Temple" which will gracefully encompass the services of our Beloved Saint Germain. To each one has been delegated powers and Beings they know not of, Who work constantly to purify, strengthen and raise the chela's consciousness to its highest possible capacity to serve; its most receptive state of thought and feeling! Then comes the great endeavor of directing and sustaining the portion of the vision into that consciousness with sufficient clarity and impetus to make the reluctant energies of the outer self rise in enthusiasm and externalize the prompting from within and above.

Of all the means of reaching the consciousness and raising the feeling of people, *music stands highest on the list* because it is already harmoniously qualified energy—or should be. We shall use it therapeutically; for spiritual stimulation; for individual and collective rituals and service.

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume IV DECEMBER, 1955 No. 9

To The Holy Family—Beloved Jesus, Blessed Mary and Dear Joseph:

We send the deepest love and gratitude of the Ascended Host, the Angelic Host and the mankind of Earth for the Holy Family's manifest example of the Divine Nature of The Father, God, through the life expression of His Son, Jesus.

At this Holy Christmas Season, when mankind's attention turns toward the beautiful story of the birth of the Master Jesus, it is particularly fitting that mankind acknowledge not only His birth, but the long years of self-discipline and self-mastery which made it possible for Him to show mankind the true expression of The Father on Earth. Besides His Own magnificent service, We acknowledge the cooperative endeavors of Those loving Ones Who, looking upon the Divine Plan for the Christian Era, consecrated and dedicated Their lives to helping the beloved Jesus in His Mission. His Beloved Mother, Mary, is blessed indeed! Her training and discipline through the ages enabled Her to accept the responsibility of holding and guarding the Immaculate Concept for Him. The Archangel Gabriel, Who intensified the awareness of that Immaculate Concept, is also blessed indeed! The faithful Joseph, Who guarded and protected that Immaculate Concept, is blessed indeed! All the sincere men and women who cooperated with the Holy Family before and after the birth of Jesus, until the Christian Era was firmly established, are blessed indeed!

To ALL, at this Christmas Season, We say: "GOD BLESS YOU! WE LOVE YOU! WE THANK YOU!"

THOMAS PRINTZ, *Editor*

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The Homes and Retreats of The Masters of Wisdom

ROCKY MOUNTAIN RETREAT

(December 15th through January 14, 1956)

Rising majestically from the plains of Wyoming, the snow-capped cathedral-like spires of the Grand Teton Mountains stimulate awe, reverence and admiration of their magnificent splendor, in even the most casual observer.

Within the Grand Teton, a focus of The Great White Brotherhood has been sustained through the ages, dedicated and consecrated to the development and externalization of the Divine Plan for the Earth, mankind and all attendant life evolving within and upon the planet.

Twice each year, The Spiritual Hierarchy meet in Council in the heart of the Grand Teton, each Member bringing some particular idea which could be of benefit to the progress of the race, in cooperation with the designed pattern for the twelve-month cycle in which such Councils take place.

The Hierarch of the Brotherhood of the Royal (Grand) Teton is the Ascended Master Lanto. At the close of each year, Sanat Kumara Himself joins the Brotherhood at the Teton and receives from the Silent Watcher of the Planet Earth the thought-form which embodies the design to be developed, expanded and manifested for the next year's endeavors. Every member of The Brotherhood and all assembled guests, wait for the reception of this thought-form from Sanat

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Kumara, Who immediately externalizes it so that it may be seen by the entire assembly. Then, *as one*, the assembly creates *individualized* thought-forms, following the ONE PATTERN. Then They project these forms into the receptive consciousness of the chelas and individuals who are receptive to this spiritual outpouring.

At this same time, Ascended Beings are chosen to become the Sponsors for the incoming twelve-month cycle and They are vested, in beautiful ceremonies, with the authority and power to give special assistance to the Angelic Host, the mankind of Earth and the Elemental Kingdoms, through the particular radiation which has qualified Them to act as sponsors at a given time. Always, the choice of the thought-form embodies the idea which will best bless the race and the choice of the Sponsors is determined by the particular radiation required to nourish that thought-form through the consciousnesses of those who apply for a part in this great Cosmic Service.

At this Cosmic moment, the Members of the various Retreats present petitions to the Great Karmic Board, asking for more assistance in bringing the Earth again to a state of perfection. According to the number of chelas who offer to assist the Masters and according to the capabilities within the lifestreams of those offering to *really* be of assistance, is the grant or dispensation given or withheld.

Now, through the interest and cooperation of the student body throughout the world, unascended beings also offer petitions to the Karmic Board, as well as consciously assisting the Masters whom they have vowed to serve in their daily life. When all the petitions have been heard and all the energies that might be used in helping to fulfill the terms of these petitions have been weighed by the Karmic Board, certain grants of energy are given to Masters and chelas as well. Then the individual initiative, constancy of purpose and capacity to weave the idea into practical form, determines how efficacious has been such a grant of energy. Future grants are determined by past works.

(NOTE: *For further description of the Rocky Mountain Retreat, see Transmission Flame Book pp. 20-24; 55-60; "The Bridge to Freedom," Vol. II, No. 3; Vol. II, No. 9; Vol. III, No. 3; Vol. III, No. 9.*)

Excerpts from an Address by BELOVED MASTER JESUS
(On: Attaining Spiritual Grace)

June 27, 1955

Beloved children of the One God, brothers and sisters in *grace*, walking upon the Pathway of Light into the heart of your eternal Cosmic Home, I bring you today the greetings, the love and the blessings of My Own lifestream and the amplification of those blessings by My Beloved Mother.

Today, I shall discuss the Spiritual *Grace* which is the gift of the Christian Dispensation and which has been experienced by men and women who have connected their lifestreams with Christianity since its inception. It is the *grace* which represents the particular radiation and benediction of the Sixth Ray, which it was My privilege and honor to present to the world of mankind. This *grace* superseded the Law of Moses, which was the Law of creative cause and its ultimate returning effect, without knowledge of the power of transmutation of energy through mercy and the forgiveness of sins (the use of the Violet Fire). I speak of the *grace* which, during this Dispensation, was exemplified so perfectly by My Holy Mother, Who gave Me the sanctuary, strength, spiritual vitality and love through all the years from the time of my birth on—when I first began to remember My mission and all through those many years when I worked to fulfill that mission. She is truly called "Mary, full of *grace*"! During that entire, difficult embodiment, there was not a time when She was outside of a state of *grace* for one moment; either because of outer circumstance or inner pressure.

Mary lived in *grace* from the moment She entered the Temple at the age of three; all through Our entire experience, including the Crucifixion; the Resurrection and through the many years after My Ascension! At that time it was She Who held together the band of disciples to form a strong foundation for the Christian Era. When the Archangel Gabriel came and spoke to Her, foretelling My birth, you will remember He used those words: "Hail, Mary! full of grace! The Lord is with Thee!"

What is the "spirit of *grace*"? For every lifestream (no matter whether they be Buddhist, Mohammedan, Hebrew, Christian or whatever their particular faith may be) the *grace* emanating

from them is that virtue which stimulates spiritual desire in others. It is the Universal language of Divine Love! Although they may not have the capacity to converse in the native tongue of other countries, those who travel in far away places need no words—*if they are imbued with and radiating the spirit of grace! Love and grace* are a Universal language. Love and grace are the feelings which every true Messenger of Love brings to his fellowman. His words will fall on deaf ears and will not stir the souls of men, if there is no spiritual *grace* within him.

I was fortunate to have been able to abide in the proximity of that natural state of *grace* through My growing years; to feel that holiness which was so like the vibratory action of the Kingdom of Heaven, that there was very little difference between the two Realms while I lived within the aura and the Presence of My Mother. She took upon Herself the voluntary service of magnetization, radiation and concentration of the spirit of *grace*, which is the spirit of God's Kingdom. I grew and matured in an aura of *grace*. It was not too difficult for Me to learn the conscious method of ascending in consciousness and remaining in the heart of *grace* so that I too might become and remain a magnetic and radiating center of that Spirit, to bring peace, comfort, healing, understanding, patience, tolerance and kindliness wheresoever mankind needed it. I was entrusted with the honor of representing the Father in Heaven to all mankind. Every gesture I made; every word I spoke; every feeling I had; was to be representative of Him.

Beloved ones, you now stand as representatives of that great and glorious Ascended Master, Saint Germain, Who is the very embodiment of courtliness and gentleness—God's great "Gentleman". *You must become the embodiment of that grace* which will endure throughout the entire New Era, as the Seventh Ray begins to find expression through lifestreams who can individually become imbued with *grace*.

Grace is not an activity of the will, nor is it an activity of the mind; neither is it a disciplining of the physical body. Many an ascetic, practicing mortifications of the flesh and wearing a hair shirt, has less *grace* than a layman who may be working upon his hands and knees to clean the floor of a Chapel or Cathedral. *Grace* cannot be achieved merely by the disciplines of the body. Those disciplines are beautiful in

their place and they do raise the vibratory action of the flesh to a rate which is more in accord with the higher vibratory action of the Holy Christ Self.

Unless there is within the heart the Spirit of *grace*, when only disciplines of the flesh are observed, there often arises a spiritual pride and a subtle bitterness that sometimes does more harm to the soul than indulgence in the so-called "weaknesses of the flesh". I spoke of this in Judea. You will remember I said long ago: "Woe unto you, Scribes and Pharisees, for the publican and the sinner shall enter into the Kingdom before you". This is an aspect of the Law which should be given to earnest and sincere people everywhere. Remember, your body is only the envelope, the habitat of the soul. As such, it should be handled in a dignified and a cleanly manner, for it is the "Grail" which houses your individualized Flame of Life. The more dignity, purity and self-discipline which is exercised through the physical form (as long as it is accompanied by a spirit of *grace*), the finer is the example and manifest expression of Virtue given by the individual to the race.

Remember, beloved ones, that you are multiple beings. The bodies you wear are the instruments through which you function in this physical appearance world and in which the Spirit of God dwells, waiting for the opportunity to externalize His Own Divine nature. When *any one* or more of your vehicles is undisciplined, whether it be the mental body assimilating an accretion of knowledge within it; whether it is the emotional body uncontrolled, undisciplined or ill-tempered; whether it is the etheric body, recounting over and over again the injustices of the past; or whether it is the physical body enjoying the impure satisfactions of the senses—when *any one* of these vehicles is allowed to be master of your energy, rather than the Presence of God, "I AM",—*then you are not living in a state of pure grace.*

Beloved children, you who are the proud possessors of mind and feelings, memory and form, in the pursuit of the spiritual path, remember always that the achievement for anyone who aspires to represent the Heavenly Father on Earth, is to express Divine love, harmony, tolerance and goodwill. You have been told that *God is love*! Unfortunately, that statement, although true, has become an abstraction. It has taken from the Father the greatness of His individuality. Love

is truly a virtue of His nature, but *He is* the ONE WHO LOVES! Others have said that God is spirit and He must be worshipped in spirit. That statement is also partially true. You, too, are spirit in essence and yet, even as the Godhead, you have individuality. It is the raising of the soul of a man; the unshackling of that soul from the uncontrolled appetites of his body; the development of love and devotion to Universal First Cause, that is meant by worshipping God in spirit; worshipping Him with deep feeling; worshipping Him through the tranquil mind; worshipping Him in the merciful forgiveness of the etheric body; worshipping Him in a hallowed and holy Temple.

So you proceed into the heart of the "I AM" Presence and complete the first portion of the exercise of achieving spiritual *grace.* Your soul and your outer consciousness are filled with all manner of good and evil. Beloved ones, it is your *soul* that wants peace; it is your *soul* that wants security; it is your *soul* that requires sublimation and, ultimately, the transfiguration into God's Image! It is your *soul* that must be allowed to rise, free from the pressures of feeling; free from tensions of flesh. Rising so into the heart of the great Eternal Presence of God, you will then enjoy the vibratory action of that Kingdom which is not made with hands and thus become part of that vibration which is eternally harmonious, peaceful and loving. There is nothing mystic or occult in this "soul redemption"; it is only the raising of the vibratory action of the separate self until it is in tune with the vibration of the Realm in which the Angels, Masters and God-beings abide. The Masters live in God's Kingdom because They have consciously raised Their Own vibratory action and have become ONE with the vibrations of that Sphere and strata of consciousness. There They abide as long as Their vibrations remain one with that strata. As the Law of life is ever-expanding perfection, the Beings in these Realms may choose to qualify for life and service in even Higher Realms.

When any being allows the vibratory action of his inner bodies or his flesh to become inharmonious, that moment he disconnects himself from this invisible (to average physical sight) but all-encompassing Sphere which is the Kingdom of Harmony and the Kingdom of Heaven! When I said: "The Kingdom of Heaven is within you", I meant to convey the

Truth that you have the capacity to regulate your vibratory action so as to connect with this great universal harmony expressed by God, Angels and Masters. That capacity lies within the Flame in your heart. Once you have consciously felt that state of grace; once you have become master of your thoughts, feelings, memories and flesh appetites; once you have entered into the glory of the peace that surpasses the understanding of the human mind; *you will not want to relinquish that peace!* You will not want to allow any of your own vehicles or the uncontrolled energies of all mankind, to break the vibratory action which has "tuned" you into the Universal First Cause (God's Nature of love, light and harmony) . . . .

Having so ascended in consciousness, you are imbued with *grace.* The virtue of *grace* then flows out from you as you function through your physical body, performing the acts that daily life requires. Thus you are able to do them in a graceful manner. No matter how mundane; no matter how sordid it may seem; every act then becomes an act of *grace.* As one of My followers (Saint Theresa) said, not so long ago: "I find Him easily among the pots and pans". She did and lived a life of *grace*!

Right here in America, in the humble service of just opening the doors of a Cathedral for the great men of the Church, a certain monk, named Brother André, lived such a life of *grace* and devotion; such a life of confidence and harmony in that Presence; that thousands were healed just by touching the hem of his spiritual garment (atmosphere) . It matters not your place in life, but it does matter what is your state of consciousness. Wherever you may be on the surface of this Earth, if you are filled with that essence of *grace,* you become one more outpost of the Father of Love. You become, as I endeavored to become, a representative of the Heavenly Father. It is difficult, beloved ones, for men and women to hold a correct concept of the Father in Heaven in abstraction. In mankind's blessed endeavors in Church services, as they sing their praises to the Lord, their thought-forms of the Father take on many and varied shapes. According to his race, nationality and religious credo, each individual causes the Deity to take on personal characteristics. According to his consciousness, each one limits the Godheads, giving to Him virtue and, in some cases, "wrath" (which, of course, is only of the human self!)

So, some of the concepts of the Godhead presented to mankind, have been fashioned by the human minds of spiritual leaders who hold sway over the people, choosing to dominate them through fear. They have qualified the nature of the Father of Love with the desire to punish and destroy His creatures. Great races and great nations have forgotten that the nature of God is LOVE!

Through the teaching of Beloved Lord Maitreya and through the assistance of the Beloved Helios and Vesta, when I was given the opportunity to bring a true picture of the Father to the Earth, I prepared well to remember the nature of the Father *and to embody that nature Myself!* All through that embodiment, I kept before Me His Presence so that through Me and My works, man might know something of that Father, His love, understanding, kindness and actual Presence.

So it is now with you. You stand at the threshold of a new day. Men and women everywhere are seeking for God. As the cycle closes; as the pressures of a changing era cause fright, uncertainty and turmoil in the world of form; man will seek God more intensely. Where shall he find Him? He will not find Him in the sky; not in abstract statements; not in the written or spoken word! Man will find God in the body, nature, example and radiation of those who have learned how to raise their consciousness into a state of *grace* and sustain themselves within it!

My gift to you today is the *grace* of the Christian Dispensation. All that you do in God's Name; all that you do in My Name; all that you do in the Name and to the Glory of Saint Germain, *do in the spirit of grace!*

A PRAYER

"Lord of pots and pans and things, since I have no time to be
A Saint, by doing lovely things, or watching late with Thee;
Or dreaming in the dawn light or storming Heaven's gates,
Make me a Saint by getting meals and washing up the plates.
Although I must have Martha's hand, I have a Mary mind;
And when I black the boots and shoes, *Thy sandals,* Lord, I find!
I think of how they trod the Earth, the time I scrub the floor;
Accept this meditation, Lord, I haven't time for more.
Warm all the kitchen with Thy love and light it with Thy peace;

Forgive me all my worrying and make all grumbling cease.
Thou Who did'st love to give men food, in room, or by the sea
Accept this service that I do . . . . I do it unto Thee."

(These lines were written after thinking over Saint Theresa's statement: "I find Him easily among the pots and pans.")

Excerpts from Instruction by BELOVED EL MORYA

NOTE: *Our Beloved El Morya was Melchior, one of the Wise Men Who followed the Star at the time of Beloved Jesus' birth. He shares His wisdom with us today in the following:*

". . . When earnest souls are aware of the Masters and begin to think of Us, naturally Our energies flow back to them and ofttimes a strongly impressed word or thought does enter the conscious mind of the chela. *That is a private blessing that should be honored by the individual in the silence of his own heart.* Here there is the danger that the awakening ego, once having received such an accurate impression, may begin thereafter to accept *all* the suggestions of *his own* inner bodies—his frustrated impulses and desires—and once he has accepted them indiscriminately, through spiritual pride and egotism, he no longer will accept the *real* directions and truths from the Master. Really, ofttimes this closes the door of opportunity for advancement for an entire embodiment. There is great opportunity in receiving an impression from the Master, *if it makes the lifestream more humble; more earnest; more valuable as an instrument in our hands* but, always, when people question you concerning this, counsel them that for *one* such blessing, *there may be a thousand* subtle impulses from their own inner bodies which form 'tests' in discrimination and humility."

* * * *

". . . Consciousness is such a tremendous and interesting study, for it explains in its entirety the reason why the God of Love and His Messengers must vary the presentation of Truth according to the development of the soul consciousness of the race, the cycle in which specific accomplishments must be affected and the orderly progression, not only for our Universe, but the Galaxy to which we belong.

The purpose for which individualization of lifestreams took place was that each one might learn to control energy through thought, feeling and action. The way the consciousness of the person could be reached depended upon the density or clarity of individual and collective reception. In the early ages, before the veil of maya shut away the visible sight of the Master Guardians and the Angelic Host, it was comparatively simple for the Teachers of the race to convey the method by which each person could draw, focus, picturize and externalize energy forms and little, if any, confusions or mistakes could occur.

Alas! After the inner sight and inner hearing were forfeited, the Messengers of the Law had to rely upon the mediator who, through exceptional purity of life experience, had retained the capacity to meet the consciousness of the Masters of the race, receive Their instruction and carry it back to the consciousness of those few who chose to accept the Master's words.

In each age, such Messengers, Seers and Prophets endeavored to convey to the people a portion of the Law and the people, responding, set up a new religion which was always confuted by the founders of the old. *Then We found Ourselves in the position of having to break down the prejudice in the very religions We had previously founded,* in order that the life wave ordained by the forward progress of the evolution might rise upon the shore of the mass consciousness, without the opposition which would break its strength, allowing much of its incoming power to be dissipated on the shoals of bigoted thinking.

Mankind, for the most part, resists change and progress, not only of a spiritual but even of a physical nature. They grudgingly accept the revelations of the inventor; the scientist or the explorer; only when, with the limited receptivity of the senses, they can touch, feel and taste the manifest blessings. . . . Ah! how treacherous are the reports of the senses upon which mankind lean so heavily and how deeply have these very senses bogged down the spirit of life in gratifying their passing lusts. . . . Yet, these limited, degraded, selfish senses have become the measure of Truth . . . instead of the faultless, Immaculate Flame within the heart, which rushes forward with no uncertainty when the soul does bid It come; judging with the righteous judgment which cannot be denied. Wise is the soul of man who measures Truth by this spiritual mentor.

May your feet be winged; your soul be unfettered and may your heart guide you quickly into the fullness of the light!"

THE MASTERS OF WISDOM SPEAK

ON JESUS' STATEMENTS "THE KINGDOM OF HEAVEN IS *WITHIN YOU* * * * THE KINGDOM OF HEAVEN IS *AT HAND.*"

MAHA CHOHAN

In the experience of the chela upon The Path, he often casts about for a way out of personal discomfort, limitation, inharmony and distress. The chela endeavors to cast his karma on the newly found Friends (the Ascended Masters) and loses sight of the realization that the capacity to connect with and expand the perfection of his individualized God Presence, lies within the acceptance of that Kingdom and that Presence within his own beating heart. While it is true that the momentum, radiation, feeling, strength and understanding of the Master does assist him, each chela is required to accept, realize and eternalize the beauty of his Presence, through his own physical, mental, emotional and etheric consciousnesses.

EL MORYA

Within every individualization projected from the Source of all life, (call it God, the "I AM" Presence or any other Name), is an intelligent focus of the God Presence. The service of The Great White Brotherhood is to nourish, develop, expand and anchor into the outer consciousness, the knowledge of that Inner Presence Which can and does create the Kingdom of Heaven for the individual, when called forth in faith and in love. *The mastery, powers, talents and momentums of another never give lasting peace to the individual!* The development of his own mastery over energy, substance, circumstance and environment, does give lasting peace and is the reason for incarnation of each lifestream upon Earth; as well as the reason for such individual's sojourn at inner levels between embodiments.

KUTHUMI

The Presence of God *within man* is the hope of his ultimate personal salvation and individual mastery over the substance and energy of any Sphere in which his consciousness is required to dwell. The "I AM" Presence signifies by Its very Name (*PRESENCE*) that *it is here NOW!* It signifies that *It is not some ephemeral Being,* Who, in time to come (usually accepted as having accomplished Its visitation after so-called "death") will transform, transmute and sublimate all the tendencies, conditions, effects and personal limitations of the individual. Contemplation upon the Truth that there is a Presence *in man, capable of such transformation and sublimation* NOW, brings the hope of glory and peace "in the sweet by-and-by" into the *present.* "The Kingdom of Heaven *is at hand*" said Jesus; not—"The Kingdom of Heaven will be yours in some mystic land *far far away*"!

PAUL, THE VENETIAN

Man has given power, authority, thought, feeling and energy to every internal and external force, to create and sustain limitation within and about him. The way of the Master is to turn the attention of the outer consciousness toward the Presence of God *within him.* When given opportunity, this Presence will create and sustain the Kingdom of Heaven through him, for the blessings of both himself and his fellowman. When Jesus said: "If I do not go away, the Comforter will not come", He realized that, while the disciples and followers of His doctrine relied upon Him, they would not become acquainted with the Individualized Presence that beats each heart and have the faith to call forth that Presence to create and sustain harmony, beauty, opulence, health and perfection for themselves and their fellowman.

SERAPIS BEY

At Luxor, the training of the neophyte compels him to turn to the Inner Presence and to rely upon It to become the very supply of food required to nourish the physical body; to create the raiment worn by the physical body; to prompt the outer consciousness to the course of study, application and contemplation required to purify the vehicles through which the soul must work its way to freedom. In present day society, the Masters follow the same course, playing Their radiation upon the chela, but refraining from physical appearances

(except on rare occasions) because the nature of the outer self is always to lean upon any Intelligence Who can do for them what they must learn to do for themselves. Contemplation of this Inner Presence allows It to act through the energies of the personal self with more and more efficacy, power, momentum and conscious direction. There should be no "straining" to find that Presence. *It is within you* NOW as you read Our words. *It is waiting to be invited to act through the personal self* which It has created and sustained through millions of years for but one purpose—*to expand the Kingdom of Heaven through the individual!* Will you not accept that Presence and allow It the courtesy to act through you?

HILARION

The Presence of God is applied to in emergencies, in personal, national or international crises. However, It is not usually cultivated in daily, personal association. *Now is the time* for the sincere chela *to invite That Presence through himself* and then through all mankind, to fulfill Its reason for being! Why does the Presence seem so ephemeral; so unreal; so difficult to endow with the faith of the personal self? Because through the ages, *the outer consciousness has endeavored to live without* Its counsel, guidance and friendship. In every Sphere of individualization, *practice* results in development of the capacities and talents of the individual. *Practice* the cultivation of the Presence of God *within you* NOW. Set that Presence to work in every detail of your individual life! Then *expect* It to respond. As you do this, the Presence of God within you, Whose natural habitat is the Kingdom of Heaven, *will begin to externalize that Kingdom* in, through and around you. In this world of form, you know how any individual brings his personality, preferences, aura and atmosphere with him and creates in his home an externalization of his inner consciousness. So, too, does the Presence of God when invited and given an opportunity so to do!

JESUS

In My ministry, one of the greatest appearances against which I had to stand, was the externalization by My fellowman of the heterogeneous thoughts and feelings of the outer consciousness which formed the environment, atmosphere and

surroundings of the individual. Knowing that the Presence of God, with ALL HIS GLORY, was anchored within each beating heart, waiting to externalize the perfection, beauty, harmony, health, opulence and magnificence of the Kingdom of Heaven through such distressed ones, I longed for the way and means of awakening the outer consciousness and the soul to the *realization* that the Kingdom of Heaven to which they aspired, was at hand for the taking. *It is also true today!* Either the Inner Presence *is* allowed to flow forth through the mental, emotional, etheric and physical bodies of Its creation, expanding that Kingdom, or *It is ignored* and the outer consciousness continues to experiment with God's gift of life to create the limitations which seem so distressing to the personal self. For those who desire Our assistance, at this Holy Season, Beloved Mary and Myself offer Our consciousness, realization, faith and momentum of power to any individual who will determinedly *try* to relinquish all power to the Presence that beats his heart. "For THINE is the kingdom, the power and the glory, forever!"—*A truth spoken long ago and still a truth today!*

SAINT GERMAIN

The establishment of the permanent Golden Age upon the planet Earth and the creation of a Star of Freedom from a shadow planet, requires the externalization of the Kingdom of Heaven through every soul belonging to this evolution; each one contributing that portion of the Kingdom which is required to make the whole picture complete according to the wisdom of his own Individualized "I AM" Presence. Cultivating, developing and sustaining an active comradeship with the God-self within the heart, *reaps great rewards.* It builds momentums of faith, illumination, tolerance, purity, scientific (but spiritual) formulas *which can never fail,* healing power and the conscious powers of transmutation. The combination of the energies of Masters, Angels and men—all relying upon the ONE POWER—can perform this transformation. Manifest in the alleviation of the distresses that beset the race, *works* will call forth interest in the ways and means of becoming similar channels for externalizing God's Kingdom! THE PRESENCE OF GOD IS WITHIN YOU NOW! In the Name of that God and Beloved Jesus *Who acknowledged Him, always, as the only Source of healing,* miracles and

transmutation, I ask you to set about your personal pilgrimage to find Him and to set Him to work through you. *Practice on small things.* Effects of a positive nature will increase your confidence and faith and make you master over greater appearances in time.

Excerpts from an Address by

BELOVED LORD MAITREYA

July 3, 1955

NOTE: *Because of the timeliness of this instruction by beloved Lord Maitreya on the subject of preparing, delivering and outpicturing the petitions for the Karmic Board, the Beloved Kuthumi has given His column—"The Guru and the Chela"—to His Guru, Lord Maitreya for the December issue. The usual "Guru and Chela" column will be in the January, 1956, issue of "The Bridge to Freedom."*

Beloved children of My heart, I respond with all the love, the devotion and the gratitude of My Being, to the sincerity of your heart's call for understanding; for grace; for love; for the capacity to increase your service and for the perfecting and release through your outer consciousness of those talents and momentums which are required, in order to manifest in works those decrees which you have issued all through the years with such sincerity. Such manifestation requires the weaving of the energies of your inner bodies, as well as those of your physical bodies, into the thought and feeling patterns in order to manifest absolute fulfillment in this world of form.

I come on the eve of the great Asala Festival which We celebrate in India, in commemoration of the mission, service and teachings of My great Guru and your great Friend, the Lord Guatama Buddha. In His Own life, He manifested the full expression of the Divinity, Whose consciousness and nature He realized, as He raised Himself through a process of sublimation and application into the Presence of the Eternal God. Buddha then made the great sacrifice of renunciation. Instead of remaining within the Heart of God, resting upon the bosom of the Lord of Light toward Whom He had aspired, He chose to descend consciously, resuscitating the physical vehicle in which He was functioning in that embodiment and went forth to teach the Word by message, by example and by radiation. At the celebration of the Asala Festival, We repeat each year the magnificent Truths as presented by the Buddha. When

They have been spoken again, We charge into the mental and feeling world of mankind of Earth, the Truth of the Path of the "Middle Way". We gather the momentum of the Buddha that has grown and intensified through all those ages since He walked the Earth. Then We impress that momentum and increase of knowledge, understanding and radiation into His original sermon and send it forth into the consciousness of those who are aware of Our ceremony, to give to them something of the Buddha's consciousness.

Blessed and beloved hearts, do you realize that the purpose of religion upon this planet Earth is two-fold? Religion is designed to draw forth and lower the rate of those subtler vibrations from the Higher Realms which are so rapid that they would have no possibility of recording upon the consciousness of incarnate man. Its other purpose is to make of every man a full expression of the Deity, no matter whether the man worships that Deity under the name of Krishna, Christ or any other name. To bring the Divine nature into the soul of man and to externalize it as the full Divine Pattern for the other members of the race to copy, is a great service to both God and man.

The translation of subtle energy into a vibratory action that can be accepted, assimilated, digested and utilized as nourishment for the mankind of Earth, has gone on since the inception of life upon this planet. It is very important to you at this moment. Even as We are gathered together, the great Karmic Board, through the beloved Goddess of Opportunity, is beginning to hand down the dispensations and grants of opportunity, *to work upon what?* To work upon an idea, which is the heart of every petition; which is the heart of every plan to better the race; which is the heart of every manifest blessing that someone has externalized. I would like you to think on this for a moment. To receive an idea by which the race may be assisted is one thing. It is quite another thing, however, to nourish that idea; to develop it; to feed it with the strong enthusiasm and faith of your consciousness and to combine with your thoughts and feelings the energies of your physical vehicles in practical service, until the idea is manifest form!

For the one man who brought forth the way and means of harnessing electricity; who spent long hours of experimenta-

tion in the laboratory; who used his physical energies and the substance life accorded him to perfect the idea; who used the thought processes and the faith of his feelings; *there were thousands* at inner levels who accepted and received the idea of harnessing electrical energy and making of it a servant which could bless the race. How many of them followed through until the manifest plan was released as a benefit and blessing to all life?

For a thousand saints that look upon the nature of the Godhead and, in the full freedom of the Inner Spheres, see something of what man should become, there is perhaps *one* who takes that idea and fashions it into disciplines of mind, control of feeling, purification of the lifestream and mastery of flesh. *That one* is the outer manifestation of constancy and of love which enabled him to bring an abstract idea into practical form.

When the great Karmic Board and the Powers of Light look with favor upon the petitions of the Ascended Masters and the chelas and grant opportunity to develop those ideas, how many among those who will be given such acquiescence and opportunity will follow through in the disciplines of mind and body which are necessary to bring the manifest effect into the world of form?

Blessed and precious hearts, there must be much more than an idea in mind in order to bless the race. That idea must be clothed with faith. It must be charged with enthusiasm. It must be sustained in clarity in the mind and it must be nourished by every practical means in the physical appearance world. Then an idea, clothed in the substance of the elements of the physical world, becomes of benefit to all of life. I speak of this because there is great opportunity before you. The great Goddess of Opportunity has been given permission to return your petitions into the keeping of the lifestreams of those who have made them. Now, shall they become vested in form or shimmer yet in the ethers, to be picked up again next year? Will your ideas be still-born, aborted, or the living manifest expression of love that endures to the end?

Let Me remind you again of the activity at the Royal Teton. Twice each year, as the acceleration of the activity of the planet's progress has taken place, the Great Karmic Board meets in the Realms of Light above the Teton. There They

listen to the plans and ideas of the Ascended Masters, the Angels, the Elementals and the members of the human race, Who hope to impersonally benefit the entire planet; Who hope to secure the assistance and co-operation of other members of the race or Members of the Angelic, Cherubic or Seraphic Host, in order to fulfill Their design.

The Karmic Board is presided over by the Goddess of Opportunity and Justice, Who is the Spiritual Complement of your own beloved Master, Saint Germain. She is the embodiment of Mercy and a Representative of the great Seventh Ray to this Earth. Because of Her nature ensouling Opportunity, Justice and Mercy through the Flame in Her heart, there is much greater freedom for those who desire to serve the race now than there was before She was given this position of authority and of trust as Spokesman of the Karmic Board.

The seven great Members of the Karmic Board, three seated at either side of Her, all wear robes of deep purple, representing Mercy and Compassion. Upon each One's head rests the glorious seven-pointed crown, symbol of the authority of the Karmic Board, studded with amethysts (jewel of the Seventh Ray). Facing the Karmic Board are the Sun Gods and Goddesses from superior Systems. Alpha and Omega (from the Great Central Sun) in the center face the Goddess of Justice. The other Sun Gods and Their Complements are seated to the left and to the right of Alpha and Omega, so that there are two semi-circles facing each other. The beloved Sun Gods and Goddesses are also dressed in exquisite royal purple, in honor of the granting of the special gifts of mercy to the Earth.

The beginning of the procession starts with the entrance of Prince Michael, the great Archangel. He is followed by the other Archangels in graded order. Following Them is a Representative of our Lord Maha Chohan and the Temple of Comfort at Ceylon. He is followed by the Chohans of the Rays. Then you have the great Nature Kingdom represented by beloved Aries, Virgo, Neptune, Oromasis and Diana. Smaller elementals follow Them. The individual Who is the Hierarch of each Retreat or the Representative of the Hierarch of the Retreat, receives the beautiful Scroll tied in deep purple which gives the authority and opportunity to use Their Own initiative and energy to return to Their Retreat

and to weave out of the opportunity given whatever They can, to externalize the plan which They have presented to the Karmic Board and which that August Body has considered feasible and allowed Them to develop.

The Representative of each Retreat is the One Who kneels before blessed Portia (Goddess of Opportunity) and receives that Scroll which is the opportunity to externalize that petition within the year. The other Beings Who form the escort and train of each Representative follow, giving Portia the radiation of blessing, bowing the head in honor of Her light. Then They pass on in a circular path until They kneel before Alpha and Omega. Beloved Alpha and Omega join Their hands upon the heads of each Hierarch or the Being Who is representing the Hierarch and Who received the Scroll giving the dispensation and grant. Then, as the circular procession moves on, They return to the group within the heart of the Teton.

I would like to fill your own individual cups with the strength; with the spirit; with the courage; with the faith; with the enthusiasm and with the sustained quality of godliness, *so that you may be sustained* in constancy of purpose when you, in your turn, stand before the Goddess of Opportunity; when you receive into your hands that Scroll; when you walk before the great Alpha and Omega and feel Their benediction in your hearts, souls and spirits. Then you take your thread of light from the cooperative, concentrated radiance of this class back into your local orbit, others will in turn draw threads from that thread. I call that you may be sustained in the belief; in the confidence; in the strength; in the tolerance; in the enthusiasm and in the loving desire to manifest that which you asked the Cosmic Law for permission to do to help the race.

Beloved ones, feel yourselves a Grail of living light. Feel yourselves upheld by My Own hands; your physical bodies, your minds, your feelings, your etheric envelope. If you will do this, I shall raise you into the heart of the Eternal with all the energies of My very Self. In that personal communion, knowing the requirements and seeing your tomorrows, the Godhead gives you that nourishment; that substance of light; to each his own; to each according to the measure of the service to which he has pledged himself; to each a thousand times more of the already God-qualified love to sustain him and to

give him manifest expression of his Divine Plan. At the close of the year, let the harvest before Sanat Kumara *be not entirely etheric.* Let it also be manifest in perfect bodies; in harmonious souls; in pure consciousnesses and in redeemed members of the race.

In the Name of the Most High Living God; in the Name and by the power of the Presence of the Holy Christ Self of each one; *I bless you with the power of practical fulfillment of your purpose for being!*

(NOTE: *As explained by Lord Maitreya in the above Address, and in view of the fact that you will be called upon to develop and externalize the ideas presented in your petitions to the Karmic Board, it is suggested you make a copy of such petitions to keep for your personal reference and to remind your outer consciousness of the responsibilities you have taken in presenting these petitions. The original copy should, of course, be burned on New Year's Eve, when such petitions are presented in ceremony at the Royal Teton.*)

MONTHLY LETTER TO TRANSMISSION CLASS

BELOVED CHILDREN OF GOD:

At this Holy Season, when the attention of mankind is turned toward the manifest expression of the Christ, I bring you the blessings and the love of the Ascended Host Whom you are serving so earnestly, so sincerely and so efficaciously.

The harvest of Masters, Angels, Elementals and men has been gathered upon the Altar of Sanat Kumara at Shamballa. The fruit of the year's endeavors has been accepted by the King of Kings and now the Spiritual Hierarchy draws up the progressive plans for the new cycle. After sincere contemplation, each of you should prepare your individual and group petitions and these should be burned in your own Sanctuaries or homes simultaneously with those of the Ascended Masters on New Year's Eve at the Royal Teton. The Great Karmic Board is preparing to listen to the plans for the blessings of the race in the cycle about to begin.

As We enter the Conclave at the Royal Teton, let Us all—Ascended and unascended alike—re-dedicate and re-consecrate our energies to the full manifestation of the Kingdom of Heaven upon this sweet Earth in the year of 1956.

Love and Blessings,

MAHA CHOHAN

The statement for the Transmission Flame Class of December 17, 1955, is:

1	2	3	4	5	6	7	8
"I AM"	inbreathing	th' Jesus Christ	feeling	of reverence	for life	from th' Royal	Teton
"	absorbing	"	"	"	"	"	"
"	expanding	"	"	"	"	"	"
"	projecting	"	"	"	"	"	"

Color of Flame: Chinese Green; Hierarch Ascended Master Lanto; Keynote, "Evening Star" from Tannhauser.

GROUP MATERIAL FOR TRANSMISSION CLASS

December 17, 1955

BELOVED GOD-FRIENDS OF EARTH'S PEOPLE:

God bless you! We call upon you and yours the full protective power of the Beloved Archangel Michael; the full illumination of Beloved Kuthumi and the Second Ray; all the love and solicitude for life from the Beloved Paul, the Venetian and the Third Ray; all the strength, courage and power of accomplishment of the Beloved Hercules and the First Ray! If you will consciously accept it as real and active in your world from now on, giving it conscious acceptance at least once every day, the actual substance of these blessings shall saturate your entire beings and worlds. They will make you more and more able to render the service to the Earth and her people which you have offered to give. Remember, always, that "The Call COMPELS the Answer."

Have you thought much lately about the value of OPPORTUNITY? What would you do without it? There are a thousand and more angles to such contemplation—positive and negative and, if thoughtfully considered, such contemplation inspires deep and lasting gratitude for all that opportunity brings to us. No one can say he has no opportunity! As long as there is life within your beating heart you have opportunity to raise life in some way by your blessing. It is being proven every day by the strong of will and patient in heart!

This year, all our gentle readers are presented with this Divine gift of opportunity! For many years, just a comparative few were apprised of this activity at the Royal Teton each New Year's Eve. At that time, in a beautiful ceremony before the Great Karmic Board, Cosmic Beings, Ascended Masters, Angels and Elementals Who are interested in the redemption of the Earth, present written petitions to that Great Board, asking for certain dispensations *for* and blessings *to* the evolutions of this planet, struggling under the weight and discomfort

of their own and the mass discordant pressures, unfortunately created here.

Will you join us this year in writing such a petition—at least twenty-four hours before New Year's Eve, then burn your petition on New Year's Eve (while the activity is going on at the Royal Teton) asking your own Beloved "I AM" Presence and one of the Masters to see that it is taken and read before that August Body. Be prepared, however, to be interested enough in your petition to be willing to make calls at least once every day for its fulfillment; being prepared also to do all you personally can in your daily life to help bring it into manifestation. This activity is as real as you and I are, and it is very practical! By the power of Almighty God vested in you (your very heart-beat is His life!) nothing is impossible to you! When you are *determined enough* to have a thing, *you usually get it,* for nothing can withstand the will of a determined soul! "What you can conceive, you can achieve!" So, if you have ideas for the betterment of the race which you feel are too big for accomplishment, *do not be discouraged!* Write them down and if you *really* want to see them made manifest, call the power of Almighty God into action through you and the help of the Ascended and Angelic Host. Their power and powers of light, coupled with your own, will make miracles manifest that will delight you.

Try it this year! Address a letter to the Great Karmic Board, just as you would write to your dearest friend. State what you would like done to bless the race. You may write more than one petition if you wish. Then sign your name and burn it on New Year's Eve (if you are alone) or with the petitions of your group, if you attend such a gathering. This service to life carries a tremendous blessing to the one who gives it by writing such petitions, for it signifies to life that you are your brother's keeper and are trying to set him free. Thus are you drawn much closer in consciousness to the Great Ones Who only live to render such service. Remember "what your attention is upon, you become". So, when your attention is upon Them, you become like Them and enable Them to more quickly raise you into Their octave, Ascended and eternally free!

Yours in expanding Freedom's gifts to life—

"I AM"

FRANCES K. EKEY

SUGGESTED DECREE

The following may be used as a "sample" petition, a spoken decree, or both:

BELOVED GREAT KARMIC BOARD:

In the Name and Authority of my own Beloved "I AM" Presence, I most earnestly and sincerely petition You, through the Great Goddess of Opportunity, (Who is Spokesman for You), to release a dispensation to the Holy Christ Selves of all mankind which I feel will hasten the liberation of the Earth and Her evolutions from all that God never intended to be!

I petition You to release a dispensation to the Holy Christ Self of every unascended lifestream belonging to Earth's evolutions, enabling It to remove at once and forever all destructive use of their God-given free-will. This will remove the desire to create that which is discordant and which interferes with the fulfillment of God's Divine Plan for His creation, which is perfection in action everywhere—all supplied at all times with the abundance of every good thing. I shall make this call to you at least once a day until it is answered and shall endeavor to co-operate with it in daily living, to the best of my ability. I consciously accept this done right now, with full power!

Fraternally Yours

Dear Editor: In the September issue of your journal, there is a letter referring to Sponsors of "The Bridge" and also to an article by Serapis Bey, distributed to these Sponsors. I would like to have some information on this Sponsorship service and also a copy of beloved Serapis Bey's instruction.—A. F. Columbus, Ohio.

Editor: As there have been so many requests for Serapis Bey's instruction on "The Inner Cause and Inner Healing of Disease", We are including it in the January, 1956 issue of our journal. The Sponsors are a group of individuals who, of themselves, have volunteered to contribute a monthly offering to "The Bridge to Freedom", in order to sustain and expand more quickly the service of the Masters; especially in the wider distribution of our literature here and in other lands. By these voluntary gifts, these good people have done much in assisting us to sustain the present work, as well as helping to expand the Activity as a whole. Those who may be interested in becoming such Sponsors are now given opportunity so to do. Their contributions may be addressed to "The Bridge to Freedom, Inc.", P. O. Box 335, Phila. 5, Pa., marked for "Sponsorship Fund". The names of such contributors will be placed upon the "Sponsorship Mailing List" to receive the special releases which are mailed out monthly, in gratitude for this generous support of the Activity.

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume IV JANUARY, 1956 No. 10

To the Beloved Spirit of 1956!

The blessings, the hopes and the invocations of the Spiritual Hierarchy rest upon Your noble brow as You enter into the atmosphere of Earth for the next twelve-month cycle, in dignity and poise. Let all the dreams, visions, ideas and plans for increasing mankind's good be manifest and recorded upon Your spiritual garments as deeds well done this year. We decree that 1956 shall be a year of fulfillment! The ephemeral substance of the Inner Realms shall be clothed in the elements of this physical appearance world and shall stand forth *practically manifest* for the blessings of the race.

The incoming tides of spiritual energy forming the chariot in which You have ridden into the atmosphere of Earth, shall be a stimulation toward practical works through the chelas and the people of Earth. We thank the God of Mercy for the forgiving grace that wipes out all destructive karma accumulated in 1955, *motivated by unconscious error.* Thus everyone on Earth now stands, cleansed in mind, body, soul and spirit, waiting to weave into the pristine substance of Your living Presence something of merit to benefit the race and all attendant evolutions in, through and around the planet Earth! WELCOME! Spirit of 1956! We shall see more Divine Love manifest through Your Presence and the sweet Earth more free by reason of That Presence! So be it!

THOMAS PRINTZ, *Editor*

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